



## Important Questions for Yourself and Your Family When Making Treatment Decisions

- Do I have the information I need to make this decision?
- Is fear or lack of information pushing me towards a particular decision?
- What am I most afraid of?
- What are my goals at this time in my life and will this treatment help me reach them?
- Am I making a treatment decision based on what I believe someone else wants me to do or what I really want to do? Have I sat down with that person to clarify what each of us want?
- Who or what is my source of strength and support and have I utilized that?
- If I have a limited life expectancy, how do I want to spend the time I have?
- What does fighting the good fight mean to me? Seeking aggressive treatment until the end or allowing a natural death?
- Have I completed my advance directives (Living Will and Medical Power of Attorney), which declare my wishes for the extent of medical treatment I wish to receive in the event I cannot speak for myself?
- Have I talked with my family and physician about my advance directives?
- Have I asked all my questions, expressed all my fears, and shared what I truly feel with my family and physician?